

# Influenza Immunization Guidelines From the 2015 General ACIP Vaccination Recommendations\*

## Recommendations for Adults Aged 19 Years or Older<sup>1</sup>

- Annual vaccination against influenza is recommended for all persons aged 6 months or older.
- Persons aged 6 months or older including pregnant women and persons with hives-only allergy to eggs can receive the inactivated influenza vaccine (IIV). An age-appropriate IIV formulation should be used.
- Adults aged 18 years or older can receive the recombinant influenza vaccine (RIV) (FluBlok). RIV does not contain any egg protein and can be given to age-appropriate persons with egg allergy of any severity.
- Healthy nonpregnant persons aged 2 to 49 years without high-risk medical conditions can receive either intranasally administered live attenuated influenza vaccine (LAIV) (FluMist) or IIV.
- Health care personnel who care for severely immunocompromised persons who require care in a protected environment should receive IIV or RIV; health care personnel who receive LAIV should avoid providing care for severely immunosuppressed persons for 7 days after vaccination.
- The intramuscularly or intradermally administered IIV are options for adults aged 18 through 64 years.
  - Adults aged 65 years or older can receive the standard-dose IIV or the high-dose IIV (Fluzone High-Dose).

## Recommendations for Persons Aged 0 through 18 Years<sup>2</sup>

- (Minimum age: 6 months for inactivated influenza vaccine [IIV], 2 years for live, attenuated influenza vaccine [LAIV])

### **Routine vaccination:**

- Administer influenza vaccine annually to all children beginning at age 6 months. For most healthy nonpregnant persons aged 2 through 49 years, either LAIV or IIV may be used. However, LAIV should NOT be administered to some persons, including 1) persons who have experienced severe allergic reactions to LAIV, any of its components, or to a previous dose of any other influenza vaccine; 2) children aged 2 through 17 years receiving aspirin or aspirin-containing products; 3) persons who are allergic to eggs; 4) pregnant women; 5) immunosuppressed persons; 6) children aged 2 through 4 years with asthma or who had wheezing in the past 12 months; or 7) persons who have taken influenza antiviral medications in the previous 48 hours. For all other contraindications and precautions to use of LAIV, see *MMWR* August 15, 2014 / 63(32);691-697 [40 pages] available at <http://www.cdc.gov/mmwr/pdf/wk/mm6332.pdf>.

## Recommendations for Persons Aged 0 through 18 Years,<sup>2</sup> (continued)

### For children aged 6 months through 8 years:

- For the 2015-2016 season, administer 2 doses (separated by at least 4 weeks) to children who are receiving influenza vaccine for the first time. Some children in this age group who have been vaccinated previously will also need 2 doses. For additional guidance, follow dosing guidelines in the 2015-2016 ACIP influenza vaccine recommendations, *MMWR* August 15, 2014 / 63(32);691-697 [40 pages] available at <http://www.cdc.gov/mmwr/pdf/wk/mm6332.pdf>.
- For the 2015-2016 season, follow dosing guidelines in the 2015 ACIP influenza vaccine recommendations.

### For persons aged 9 years and older:

- Administer 1 dose.

\* We have included information from the 2015-2016 influenza season here for your reference only. For the most recent ACIP influenza guidelines or recommendations, always check the Centers for Disease Control and Prevention website or [Whatsyourfluplan.com](http://www.whatsyourfluplan.com).

**REFERENCES: 1.** Recommended adult immunization schedule, United States - 2015. Centers for Disease Control and Prevention website. <http://www.cdc.gov/vaccines/schedules/downloads/adult/adult-combined-schedule.pdf>. Updated 2015. Accessed May 24, 2015.  
**2.** Recommended immunization schedules for persons aged 0 through 18 years, United States - 2015. Centers for Disease Control and Prevention website. <http://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-child-combined-schedule.pdf>. Updated 2015. Accessed May 24, 2015.